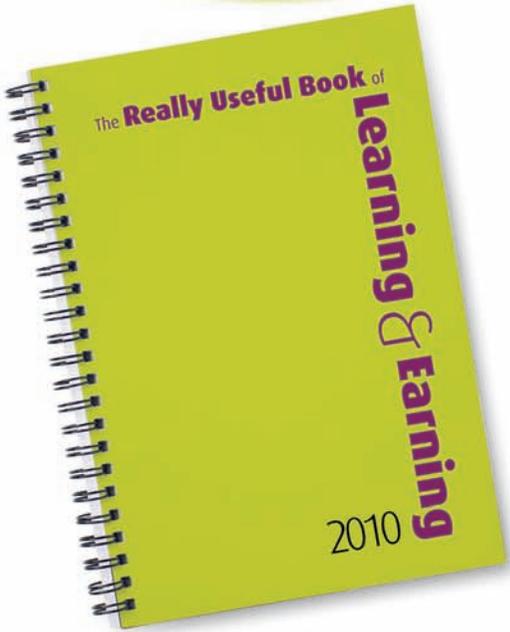


New Edition
Pre-order your copies now!



The Really Useful Book of Learning & Earning 2010

New sections for 2010 include:

- Advice on managing finances when moving into learning and work
- Advice on taking up volunteering
- Activities to help people find and access community services

Updated and refreshed sections for 2010:

- Diary pages from January 2010 to December 2010, enabling people to take control of their lives, plan for the future and look back at the progress they have made
- Information on support programmes and funds to help people take up learning or work
- Support on creating an action plan to move forward in life with case studies from real people who have achieved this
- Support on looking after health and well being, thinking positively, and identifying skills
- Hints and tips for job hunting
- Useful websites and telephone numbers to signpost people to more in-depth advice and support

Developed by experts in the field of mental health, *The Really Useful Book of Learning and Earning* is designed specifically to support people experiencing mental health difficulties who wish to return to work, volunteering or learning.

It addresses the challenges faced when returning to work or learning and provides practical help, support and guidance - all in a convenient handheld format. Created in 2007, *The Really Useful Book of Learning and Earning* has been updated for 2010, providing even more help for the people you work with.

Buy your copies today at <http://shop.niace.org.uk> or call 0870 600 2400
Order today and be the first to receive your copies in December 2009

The **Really Useful Book** of **Learning & Earning** 2010

Authors: Caroline Law and Suzi Challenger

ISBN: 978 1 86201 436 7

Format: 124-page book, 210mm x 148mm

Prices (excluding postage and packaging):

£12.50 for a pack of 5

£100.00 for a box of 50

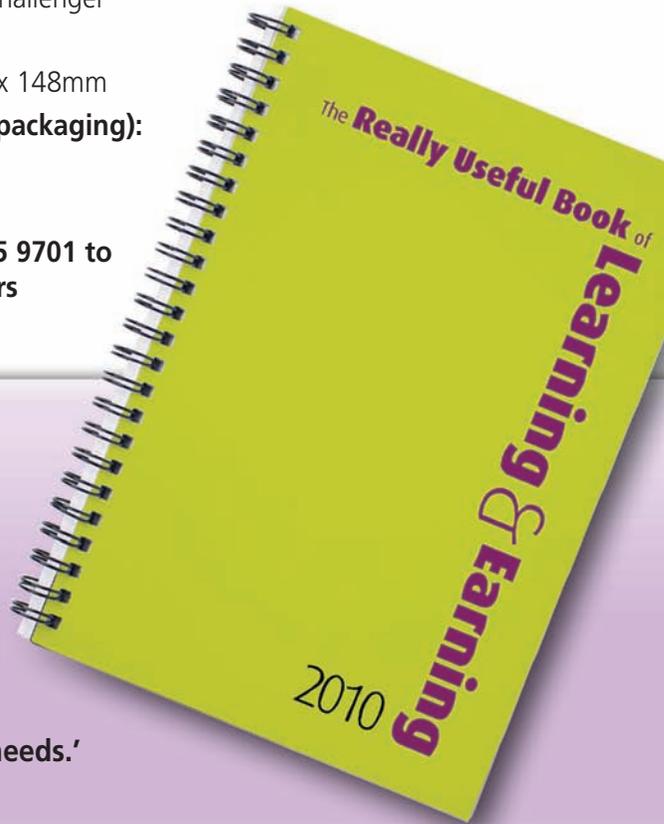
Call Michael Lyden on 0116 285 9701 to discuss discounts on bulk orders over 1000 copies

'The "Really Useful Book" is just that. It is hard to find appropriate material to use but your publication is like finding a pot of gold!'

Support Worker, Chichester

'The book was great. It gave me positivity and confidence. It was a directory for all my needs.'

Service User, Norwich



Wasn't this resource free in the past?

In previous years this book was paid for by external funders and given to you for free. Unfortunately, this external funding is no longer available and so we have taken the decision to continue making this resource available to you for a price that covers production costs.

Terms and conditions: NIACE will deduct payment from your account when you place your order.

Orders will be held on file and fulfilled once the books are printed in December 2009.

NIACE (The National Institute of Adult Continuing Education, England and Wales).

A company limited by guarantee registered no. 2603322 and registered charity no. 1002775,

Registered address: 21, De Montfort Street, Leicester, LE1 7GE, UK

niace
promoting adult learning

Media Code: MCF0003