

What's expected from the family?

By working with us we would like you to agree to:

A family agreement

This is an agreement between all members of your family to work with the Think Family Programme and sets out the situation now and what you are aiming for. It gives information on what support you will be offered and how you will make the changes needed.

A family plan

Your family plan will be written and agreed with you and your family worker. We will need your permission to share information we may have about you with other organisations, who may be able to support you in achieving your goals.

To change

By taking part in the Think Family programme, you are taking the first step towards making positive changes to the lives of your family members. This is your commitment that you want positive changes for you and for your family.



The result...

The result of the work you will do with your family worker will help you to feel more positive about managing your role in the family and your local community and help all family members to build new skills and increase their confidence.

The goal is:

- Children attending school regularly.
- Parents in jobs or working towards employment.
- Lower levels of crime and anti-social behaviour – healthier and happier communities.
- Families working better together, able to look after and support each other.
- Better life prospects.



How to contact your local Think Family worker/team:

Name:

Phone number:

Email:

WS1292 6.13



Supporting families to make positive change

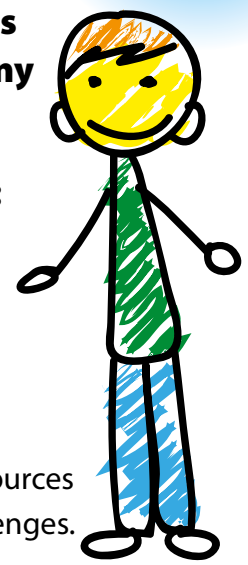


Think Family

works in partnership with families across West Sussex to build on their strengths and find solutions to any difficulties.

We believe all families:

- are important
- deserve respect
- have strengths and skills
- can learn and change
- are individual
- have values and hopes
- have knowledge and resources
- face difficulties and challenges.



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| West Sussex Think Family - working in partnership with agencies across West Sussex: | • Crawley Borough Council |
| | • Horsham District Council |
| • Adur and Worthing Councils | • Mid Sussex District Council |
| • Arun District Council | • Sussex Partnership Foundation Trust |
| • Chichester District Council | • Sussex Police |
| | • West Sussex County Council |

How? A new approach for real change...

A family worker will meet with your whole family at home to help you to identify your strengths and to set goals with you that will support you to make positive changes. They will listen to how members of the family would like to change things and to any concerns you may have. You will then agree a plan that will help you to try and overcome the concerns and challenges you may have within the family.

To help make this happen your family worker will arrange a meeting for any services involved with your family (and/or any other services that may be helpful to you) to come together. You will then have a coordinated team around your family, supporting you and working towards the goals you have identified with your family worker.

Your family worker will get to know you well and will meet with you regularly (at least weekly) to support your progress for up to one year. We know that change can be difficult even if it is for the better!

They will offer practical support to help you work on your goals. They will also make sure your family plan is up to date so you can see the progress you are making and to support your family to achieve your goals.



We commit to working with the whole family, actively involving you all in all the decisions that will affect your lives.

- You will have your own family worker who works with the whole family to help you to overcome any difficulties you may be experiencing.
- Working towards goals which the family sets itself.
- Your family worker brings together many local services, using a new coordinated approach, supporting the whole family.



Which families?

We work with families who are experiencing problems relating to:

- crime – young people involved in crime and anti-social behaviour
- education – children not in school or with poor attendance
- worklessness - adults on out-of-work benefits and/or
- experiencing health and social issues.

